Negative Emotions

Abandonment
Betrayal
Lost
Anxiety
Depression
Despair
Worry
Nervousness
Discouragement
Rejection
Unloved

Sadness
Sorrow
Anger
Guilt
Hatred
Resentment
Blame
Fear
Humiliation
Jealousy
Broken

Alone
Overwhelm
Lust
Heartache
Insecurity
Vulnerabilty
Failure
Helplessness
Hopelessness
Lack of Control
Confusion

Grief
Frustration
Panic
Conflict
Unsupported
Pride
Shame
Unworthy
Worthlessness
Undeserving
Unaccepting